

Spring 2022 Class Schedule

Revised 1.19.2022

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY
Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 1	Studio 2	Studio 3	Studio 2
					10:45a-11:30a Tiny Ballet & Jazz (3-4 yrs.) SM			10a-10:45a Tiny Ballet & Jazz (2-3 yrs.) SM				4p-5p 9th Grade Ballet FO
Interested in building a custom class for the morning or early afternoon? Contact hpdancefeet@gmail.com for more info.												
	12:45p-1:30p Tiny Ballet & Jazz (3-4 yrs.) SM & ES				1p-1:45p Tiny Ballet & Jazz (3-4 yrs.) SM		1p-2p Providence Ballet & Jazz (K-2nd) SM & ES					
3p-4p Stretch & High Kick 4 ES			3p-4p Gold 4th Routine ES			3p-5p Gold Practice CS & ES	3p-4p White Team Technique CS		3p-4p Turns, Leaps, & Jumps Technique 4 ES			3p-4p Tiny Ballet & Jazz (4-5 yrs.) SM
4p-5p Jazz & Hip Hop 1 ES	4p-5p Jazz, Turns, & Leaps 2 KB	4p-5p Sapphire Ballet EW	4p-5p Jazz & Hip Hop 2 EW	4p-5p Leaps & Jumps Technique 3 ES	4p-5p Bradfield 2nd Jazz & Hip Hop SM	4p-5p Jazz, Turns, & Leaps 2 EW	4p-5p Jazz & Ballet (K-1st) SM		4p-5p Ballet 2 EW		4p-5p Jazz & Hip Hop 1 SM	
5p-7p Silver Practice EW	5p-6p Turns Technique 4&5 ES	5p-6p Gold Team Technique CS	5p-6p Ballet 2 EW	5p-6p Junior Team Ballet FO	5p-6p Turns Technique 3 ES	5p-6p Sapphire Belles Prep ES	5p-6p Strength Training & Prehab (11 yrs. & up) PR		5p-6p Performance Co. Practice SM & EW			
7p-8:30p Stretch & High Kick 3 JC	6p-7p Leaps & Jumps Technique 4&5 ES		6p-7p Current Belles ES	6p-7p Silver Belles Prep EW	6p-7p Junior Team Ballet FO	6p-7p Stretch & High Kick 3 AT	6p-7p Belles Prep 4&5 EW	6p-7p Competition Team Tryout Prep (3rd-4th) ES	6p-7:30p Gold Belles Prep ES	6p-7:30p Turns, Leaps, & Jumps Technique 4&5 JC	6p-7p Silver Ballet EW	
	7p-8p Contemporary 3&4 EW	7p-8p Contemporary 4&5 EW	7p-9p White Practice ES	7p-8p Silver 4th Routine EW	7p-8:30p Turns, Leaps, & Jumps Technique 4&5 MS	7p-8p Sapphire 4th Routine ES	7p-8p Stretch & High Kick 4&5 AT	7p-8p Belles Prep 3 EW	7p-8p Stretch & High Kick 4&5 ES	7:30p-8:30p Strength Training & Prehab (11 yrs. & up) PR	7p-8p Turns Technique 3 MS	8p-9p Leaps & Jumps Technique 3 MS

Class Levels:

Tinies	2-6 yrs.
Level 1	1st-2nd
Level 2	3rd-4th
Level 3	5th-6th
Level 4	7th-8th
Level 5	9th-12th
Performance Company	
Competition Team	

Instructors:

- AT - Ava Tiffany**
- CS - Casey Sinclair**
- ES - Elise Smith**
- EW - Erica Webb**
- FO - Fiona Olmstead**
- JC - Jadyn Champagne**
- KB - Kendall Bates**
- MS - Meghan Short**
- PR - Parmis Rezvani, PT, DPT**
- SM - Sheridan McDowell**

