# Highland Park Dance Company Summer 2023

## June 5-9

### Monday 6/5

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | Entering 4th-5th CAMP 8:30-11:00 | 3-4 Year-Old Camp 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00<br>Strength/Stretch<br>Kick Technique<br>Triples/2nds/Calypsos<br>Belles Jazz | INT DRILL CAMP 11:00-3:00<br>Kick Technique<br>Strength/Stretch<br>Belles Jazz<br>Triples/2nds/<br>Axels | |

### Tuesday 6/6

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | Entering 4th-5th CAMP 8:30-11:00 | 3-4 Year-Old Camp 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00<br>Strength/Stretch<br>Kick Technique<br>Leaps/Switch Leaps<br>Contemporary | INT DRILL CAMP 11:00-3:00<br>Kick Technique<br>Strength/Stretch<br>Contemporary<br>Leaps/Switch Leaps | |

### Wednesday 6/7

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | Entering 4th-5th CAMP 8:30-11:00 | 3-4 Year-Old Camp 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00<br>Strength/Stretch<br>Kick Technique<br>Russians/Toe Touches/<br>Turning Russians<br>Belles Pom | INT DRILL CAMP 11:00-3:00<br>Kick Technique<br>Strength/Stretch<br>Belles Pom<br>Russians/Toe Touches/<br>Turning Russians | |

### Thursday 6/8

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | Entering 4th-5th CAMP 8:30-11:00 | 3-4 Year-Old Camp 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00<br>Strength/Stretch<br>Kick Technique<br>Extensions/Floorwork<br>Acro<br>Sassy Jazz/Hip Hop | INT DRILL CAMP 11:00-3:00<br>Kick Technique<br>Strength Stretch<br>Sassy Jazz/Hip Hop<br>Extensions/Floorwork<br>Acro | |

### Friday 6/9

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 9:30-11:00 | Entering K-1st Jazz/Hip Hop CLINIC 9:00-10:30 | |
| Entering 9th-12th Belles Prep CLINIC 11:00-12:30 | | |

## June 12-16

### Monday 6/12

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | | 4-5 Year-Old Camp CAMP 8:30-10:30 |
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | | |
| ADV DRILL CAMP 11:00-3:00<br>Strength/Stretch<br>Kick Technique<br>Triples/2nds/Calypsos<br>Belles Jazz | INT DRILL CAMP 11:00-3:00<br>Kick Technique<br>Strength/Stretch<br>Belles Jazz<br>Triples/2nds/<br>Axels | |

### Tuesday 6/13

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | | 4-5 Year-Old Camp CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00<br>Strength/Stretch<br>Kick Technique<br>Leaps/Switch Leaps<br>Contemporary | INT DRILL CAMP 11:00-3:00<br>Kick Technique<br>Strength/Stretch<br>Contemporary<br>Leaps/Switch Leaps | |

### Wednesday 6/14

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | | 4-5 Year-Old Camp CAMP 8:30-10:30 |
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | | |
| ADV DRILL CAMP 11:00-3:00<br>Strength/Stretch<br>Kick Technique<br>Russians/Toe Touches/<br>Turning Russians<br>Belles Pom | INT DRILL CAMP 11:00-3:00<br>Kick Technique<br>Strength/Stretch<br>Belles Pom<br>Russians/Toe Touches/<br>Turning Russians | |

### Thursday 6/15

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | | 4-5 Year-Old Camp CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00<br>Strength/Stretch<br>Kick Technique<br>Extensions/Floorwork<br>Acro<br>Sassy Jazz/<br>Contemporary | INT DRILL CAMP 11:00-3:00<br>Kick Technique<br>Strength Stretch<br>Sassy Jazz/Hip Hop<br>Extensions/Floorwork<br>Acro | |

### Friday 6/16

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 9:30-11:00 | Entering 2nd-3rd Belles Prep CLINIC 9:00-10:30 | |
| Entering 9th-12th Belles Prep CLINIC 11:00-12:30 | | |

## June 19-23

### Monday 6/19

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | Entering 2nd-3rd CAMP 8:30-11:00 | Entering K-1st CAMP 8:30-10:30 |
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | | |
| ADV DRILL CAMP 11:00-3:00<br>Strength/Stretch<br>Kick Technique<br>Triples/2nds/Calypsos<br>Belles Jazz | INT Turns CLINIC 11:00-12:00 | |

### Tuesday 6/20

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | Entering 2nd-3rd CAMP 8:30-11:00 | Entering K-1st CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00<br>Strength/Stretch<br>Kick Technique<br>Leaps/Switch Leaps<br>Contemporary | INT Cond./Powerstretch/ Kick CLINIC 11:00-12:00<br>INT Contemporary CLINIC 12:00-1:00 | |

### Wednesday 6/21

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | Entering 2nd-3rd CAMP 8:30-11:00 | Entering K-1st CAMP 8:30-10:30 |
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | | |
| ADV DRILL CAMP 11:00-3:00<br>Strength/Stretch<br>Kick Technique<br>Russians/Toe Touches/<br>Turning Russians<br>Belles Pom | INT Leap & Press Leap CLINIC 11:00-12:00 | |

### Thursday 6/22

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | Entering 2nd-3rd CAMP 8:30-11:00 | Entering K-1st CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00<br>Strength/Stretch<br>Kick Technique<br>Extensions/Floorwork<br>Acro<br>Sassy Jazz/Hip Hop | INT Russian/Toe Touch CLINIC 11:00-12:00<br>INT Sassy Jazz CLINIC 12:00-1:00 | |

### Friday 6/23

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 9:30-11:00 | Entering 4th-5th Belles Prep CLINIC 9:00-10:30 | |
| Entering 9th-12th Belles Prep CLINIC 11:00-12:30 | | |

## June 26-30

### Monday 6/26

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | | 3-4 Year-Old Camp 8:30-10:30 |
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | | |
| INT DRILL CAMP 11:00-3:00<br>Kick Technique<br>Strength/Stretch<br>Belles Jazz<br>Triples/2nds/<br>Axels | ADV Challenging Turns CLINIC 11:00-12:00 | |

### Tuesday 6/27

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | | 3-4 Year-Old Camp 8:30-10:30 |
| INT DRILL CAMP 11:00-3:00<br>Kick Technique<br>Strength/Stretch<br>Contemporary<br>Leaps/Switch Leaps | ADV Switch Jumps CLINIC 11:00-12:00<br>ADV Contemporary CLINIC 12:00-1:00 | |

### Wednesday 6/28

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | | 3-4 Year-Old Camp 8:30-10:30 |
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | | |
| INT DRILL CAMP 11:00-3:00<br>Kick Technique<br>Strength/Stretch<br>Belles Pom<br>Russians/Toe Touches/<br>Turning Russians | ADV Strength/Tilts/ Extensions CLINIC 11:00-12:00 | |

### Thursday 6/29

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | | 3-4 Year-Old Camp 8:30-10:30 |
| INT DRILL CAMP 11:00-3:00<br>Kick Technique<br>Strength Stretch<br>Sassy Jazz/Hip Hop<br>Extensions/Floorwork<br>Acro | ADV Leaps CLINIC 11:00-12:00<br>ADV Sassy Jazz CLINIC 12:00-1:00 | |

### Friday 6/30

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 9:30-11:00 | Entering K-1st Jazz/Hip Hop CLINIC 9:00-10:30 | |
| Entering 9th-12th Belles Prep CLINIC 11:00-12:30 | | |

## July 3-7

### Monday 7/3

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| ADV Leaps CLINIC 9:00-10:00 | INT Contemporary CLINIC 9:00-10:00 | |
| ADV Contemporary CLINIC 10:00-11:00 | INT Sassy Jazz CLINIC 10:00-11:00 | |
| ADV Challenging Turns CLINIC 11:00-12:00 | | |

### Tuesday 7/4

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|

### Wednesday 7/5

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| INT Turns CLINIC 9:00-10:00 | Entering K-1st Jazz/Hip Hop CLINIC 9:00-10:30 | |
| INT Leaps & Press Leaps CLINIC 10:00-11:00 | Entering 9th-12th Cond/Kick/Skills CLINIC 10:30-12:00 | |

### Thursday 7/6

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| ADV Turning Jumps CLINIC 9:00-10:00 | Entering 2nd-3rd Belles Prep CLINIC 9:00-10:30 | |
| ADV Switch Jumps CLINIC 10:00-11:00 | Entering 4th-5th Belles Prep CLINIC 10:30-12:00 | |

### Friday 7/7

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 9:30-11:00 | | 3s-5s Princess Craft, Story, Dance, & Tumble Party CLINIC 9:00-10:30 |
| Entering 9th-12th Belles Prep CLINIC 11:00-12:30 | | |

# July 10-14

### Monday 7/10

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | Entering 4th-5th CAMP 8:30-11:00 | 4-5 Year-Old Camp CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Triples/2nds/Calypsos Belles Jazz | INT Turns CLINIC 11:00-12:00 | |

### Tuesday 7/11

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | Entering 4th-5th CAMP 8:30-11:00 | 4-5 Year-Old Camp CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Leaps/Switch Leaps Contemporary | INT Cond./Powerstretch/ Kick CLINIC 11:00-12:00 | |
| | INT Contemporary CLINIC 12:00-1:00 | |

### Wednesday 7/12

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | Entering 4th-5th CAMP 8:30-11:00 | 4-5 Year-Old Camp CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Russians/Toe Touches/ Turning Russians Belles Pom | INT Leap & Press Leap CLINIC 11:00-12:00 | |

### Thursday 7/13

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | Entering 4th-5th CAMP 8:30-11:00 | 4-5 Year-Old Camp CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Extensions/Floorwork Acro Sassy Jazz/Hip Hop | INT Russian/Toe Touch CLINIC 11:00-12:00 | |
| | INT Sassy Jazz CLINIC 12:00-1:00 | |

### Friday 7/14

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 9:30-11:00 | Entering K-1st Jazz/Hip Hop CLINIC 9:00-10:30 | |
| Entering 9th-12th Belles Prep CLINIC 11:00-12:30 | | |

# July 17-21

### Monday 7/17

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | Entering 2nd-3rd CAMP 8:30-11:00 | Entering K-1st CAMP 8:30-10:30 |
| INT DRILL CAMP 11:00-3:00 Kick Technique Strength/Stretch Belles Jazz Triples/2nds/ Axels | ADV Challenging Turns CLINIC 11:00-12:00 | |

### Tuesday 7/18

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | Entering 2nd-3rd CAMP 8:30-11:00 | Entering K-1st CAMP 8:30-10:30 |
| INT DRILL CAMP 11:00-3:00 Kick Technique Strength/Stretch Contemporary Leaps/Switch Leaps | ADV Turning Jumps CLINIC 11:00-12:00 | |
| | ADV Contemporary CLINIC 12:00-1:00 | |

### Wednesday 7/19

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | Entering 2nd-3rd CAMP 8:30-11:00 | Entering K-1st CAMP 8:30-10:30 |
| INT DRILL CAMP 11:00-3:00 Kick Technique Strength/Stretch Belles Pom Russians/Toe Touches/ Turning Russians | ADV Strength/Tilts/ Extensions CLINIC 11:00-12:00 | |

### Thursday 7/20

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 10:00-11:00 | Entering 2nd-3rd CAMP 8:30-11:00 | Entering K-1st CAMP 8:30-10:30 |
| INT DRILL CAMP 11:00-3:00 Kick Technique Strength/Stretch Sassy Jazz/Hip Hop Extensions/Floorwork Acro | ADV Leaps CLINIC 11:00-12:00 | |
| | ADV Sassy Jazz CLINIC 12:00-1:00 | |

### Friday 7/21

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 9:30-11:00 | Entering 4th-5th Belles Prep CLINIC 9:00-10:30 | |
| Entering 9th-12th Belles Prep CLINIC 11:00-12:30 | | |

# July 24-28

### Monday 7/24

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 9:00-11:00 | | 4-5 Year-Old Camp CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Triples/2nds/Calypsos Belles Jazz | INT Turns CLINIC 11:00-12:00 | |

### Tuesday 7/25

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 9:00-11:00 | | 4-5 Year-Old Camp CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Leaps/Switch Leaps Contemporary | INT Cond./Powerstretch/ Kick CLINIC 11:00-12:00 | |
| | INT Contemporary CLINIC 12:00-1:00 | |

### Wednesday 7/26

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 9:00-11:00 | | 4-5 Year-Old Camp CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Russians/Toe Touches/ Turning Russians Belles Pom | INT Leap & Press Leap CLINIC 11:00-12:00 | |

### Thursday 7/27

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 9:00-11:00 | | 4-5 Year-Old Camp CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Extensions/Floorwork Acro Sassy Jazz/Hip Hop | INT Russian/Toe Touch CLINIC 11:00-12:00 | |
| | INT Sassy Jazz CLINIC 12:00-1:00 | |

### Friday 7/28

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Current Belles CLINIC 9:00-11:00 | | |
| Entering 9th-12th Belles Prep CLINIC 11:00-12:30 | | |

# July 31-August 4

### Monday 7/31

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th+ Belles Prep CLINIC 9:00-11:00 | Entering 4th-5th CAMP 8:30-11:00 | 3-4 Year-Old Camp 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Triples/2nds/Calypsos Belles Jazz | INT DRILL CAMP 11:00-3:00 Kick Technique Strength/Stretch Belles Jazz Triples/2nds/ Axels | |

### Tuesday 8/1

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th+ Belles Prep CLINIC 9:00-11:00 | Entering 4th-5th CAMP 8:30-11:00 | 3-4 Year-Old Camp 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Leaps/Switch Leaps Contemporary | INT DRILL CAMP 11:00-3:00 Kick Technique Strength/Stretch Contemporary Leaps/Switch Leaps | |

### Wednesday 8/2

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th+ Belles Prep CLINIC 9:00-11:00 | Entering 4th-5th CAMP 8:30-11:00 | 3-4 Year-Old Camp 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Russians/Toe Touches/ Turning Russians Belles Pom | INT DRILL CAMP 11:00-3:00 Kick Technique Strength/Stretch Belles Pom Russians/Toe Touches/ Turning Russians | |

### Thursday 8/3

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th+ Belles Prep CLINIC 9:00-11:00 | Entering 4th-5th CAMP 8:30-11:00 | 3-4 Year-Old Camp 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Extensions/Floorwork Acro Sassy Jazz/Hip Hop | INT DRILL CAMP 11:00-3:00 Kick Technique Strength Stretch Sassy Jazz/Hip Hop Extensions/Floorwork Acro | |

### Friday 8/4

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th+ Belles Prep CLINIC 9:00-11:00 | Entering 2nd-3rd Belles Prep CLINIC 9:00-10:30 | |

# August 7-11

### Monday 8/7

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | Entering 2nd-3rd CAMP 8:30-11:00 | Entering K-1st CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Triples/2nds/Calypsos Belles Jazz | INT DRILL CAMP 11:00-3:00 Kick Technique Strength/Stretch Belles Jazz Triples/2nds/ Axels | |

### Tuesday 8/8

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | Entering 2nd-3rd CAMP 8:30-11:00 | Entering K-1st CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Leaps/Switch Leaps Contemporary | INT DRILL CAMP 11:00-3:00 Kick Technique Strength/Stretch Contemporary Leaps/Switch Leaps | |

### Wednesday 8/9

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| Entering 9th-12th Cond./Kick/Skills CLINIC 10:00-11:00 | Entering 2nd-3rd CAMP 8:30-11:00 | Entering K-1st CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Russians/Toe Touches/ Turning Russians Belles Pom | INT DRILL CAMP 11:00-3:00 Kick Technique Strength/Stretch Belles Pom Russians/Toe Touches/ Turning Russians | |

### Thursday 8/10

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | Entering 2nd-3rd CAMP 8:30-11:00 | Entering K-1st CAMP 8:30-10:30 |
| ADV DRILL CAMP 11:00-3:00 Strength/Stretch Kick Technique Extensions/Floorwork Acro Sassy Jazz/Hip Hop | INT DRILL CAMP 11:00-3:00 Kick Technique Strength Stretch Sassy Jazz/Hip Hop Extensions/Floorwork Acro | |

### Friday 8/11

| Studio 1 | Studio 2 | Studio 3 |
|---|---|---|
| | | 3s-5s Princess Craft, Story, Dance, & Tumble Party CLINIC 9:00-10:30 |
| Entering 9th-12th Belles Prep CLINIC 11:00-12:30 | | |